## The Traditional Deli-Sandwich

- Your choice of 5 oz . Gourmet Ham and American Cheese, 5 oz . Turkey Breast, or 5 oz . roast Beef, served on a Kaiser roll
- Condiments: Mustard, Mayonnaise, Dill Pickle Spear. Leaf Lettuce and Sliced Tomato
- Potato Chips
- 2 Spunkmeyer Cookies
- Fresh Fruit


## Italian Hoagie

- 8 " Italian Hoagie Roll
- 2 oz. each of Salami, Pepperoni, Prosciutto Ham, Mortadella, Provolone, Leaf Lettuce, Tomato and Red Onions
- Potato Chips
- 2 Spunkmeyer Cookies
- Fresh Fruit
- Dill Pickle Spear


## French Style Club Wrap

- 2 oz. Gourmet Ham with 4 oz. sliced Maryland Turkey, Sliced Bacon served with Leaf Lettuce, sliced Tomato, Imported Brie Cheese, served in a 12 " wrap.
- Condiments: Mustard and Mayonnaise
- Potato Chips
- 2 Spunkmeyer Cookies
- Fresh Fruit


## Chicken Caesar Wrap

- 6 oz . Grilled Chicken on a bed of Romaine Lettuce accented with Asiago Cheese, Tangy Caesar Dressing, served in a 12 " tortilla wrap
- Potato Chips
- Fresh Fruit
- Granola Bar


## Vegetarian Wrap

- Grilled red and yellow Peppers, Red Onions, Zucchini and Yellow Squash marinated with Italian Dressing, served with Leaf Lettuce, Mayonnaise and Tangy Mustard, wrapped in a 12" tortilla shell
- Granola Bar
- 2 Spunkmeyer Cookies
- Fresh Fruit


## Smoked Turkey and Gouda

- Smoked Turkey 5 oz. and Smoked Gouda Cheese garnished with Cranberry Mayonnaise, served on a Ciabatta Roll with Lettuce and Tomato
- Granola Bar
- Potato Chips
- Fresh Fruit
- Dill Pickle Spear


## Cuban Pork Sandwich

- 6 oz. tender Pork Loin, 2 oz. Pit Virginia Ham topped with Imported Swiss Cheese, Dill Pickles and Dijon Mustard, served on a Grilled 8" Cuban sub roll
- Potato Chips
- 2 Spunkmeyer Cookies
- Fresh Fruit


## Greek Pita

- 5 oz . Flank Steak or Lamb seasoned and thinly sliced with Greek Dressing, Romaine Lettuce, Feta Cheese, Greek Olives, Red and Green Roasted Peppers, served in a Pita Bread with Tzatziki sauce
- Potato Chips
- 2 Spunkmeyer Cookies
- Fresh Fruit


## ~ INDIVIDUAL SALADS ~

Served in a 8 oz. bowl

## All Salads Include:

Choice of One (1) Protein
Grilled Chicken - Grilled Shrimp - Salmon - Flank Steak
Granola Bar and Fruit

House Salad<br>A bountiful selection of Fresh Vegetables served with Creamy Pepper Parmesan or your choice of Dressing

## Sunshine Salad

Fresh Greens, Seasoned Fresh Berries, Mandarin Oranges topped with Toasted Nuts \& Blue Cheese Crumbles with your choice of dressing

## Greek Salad

Feta Cheese, Kalamata Olives, Grape
Tomatoes, Cucumber, Red Onions and
Pepperoncinis with a traditional Greek dressing

## Classic Caesar Salad

Crisp Romaine Lettuce with our homemade Caesar Dressing topped with freshly made Seasoned Croutons \& Shredded Parmesan

## Harvest Salad

Array of mixed Greens, Candied Walnuts, sliced Pears \& Granny Smith Apples, roasted
Yellow Beets, Craisins, Goat Cheese and a Champagne vinaigrette dressing

## Mediterranean Apple Salad

 Tossed fresh Greens, Blue Cheese, Pecans and Dried Apples served with a Raspberry Dressing
## ~ BEVERAGES ~

12 oz. can Soda
Pepsi Products
-
12 oz . Flavored Ice Tea
-
12 oz . Bottle Water
Add $\$ 1.00$ each

