

**~ TIER I – The Traditional ~****The Traditional Deli Sandwich**

- Your choice of 5 oz. Gourmet Ham and American Cheese, 5 oz. Turkey Breast, or 5 oz. Roast Beef served on a Kaiser roll.
- Condiments: Mustard, Mayonnaise, Dill Pickle Spear, Leaf Lettuce and Sliced Tomato
- Flavored Potato Chips
- 2 Spunkmeyer Chocolate Chip Cookies
- Fresh Whole Fruit

**Chicken Caesar Wrap**

- 6 oz. Grilled Chicken on a bed of Romaine Lettuce accented with Asiago Cheese, Tangy Caesar Dressing, served in a 12" tortilla wrap
- Sun Chips
- Fresh Fruit
- Granola Bar

**Smoked Turkey and Gouda**

- Smoked Turkey 5 oz. and Smoked Gouda Cheese garnished with Cranberry Mayonnaise, served on a Ciabatta Roll with Lettuce and Tomato
- Granola Bar
- Cinnamon Crisps
- Pear
- Dill Pickle Spear

**Vegetarian Wrap**

- Grilled Red and Yellow Peppers, Red Onions, Zucchini and Yellow Squash marinated with Italian Dressing. Served with Leaf Lettuce, Mayonnaise and Tangy Mustard, wrapped in a 12" tortilla shell
- Potato Chips
- 2 Spunkmeyer Chocolate Chip Cookies
- Whole Fresh Fruit

**~ TIER II – The International ~****Italian Hoagie**

- 8" Italian hoagie roll
- 2 oz. each of Salami, Pepperoni, Prosciutto Ham, Mortadella, Provolone, Leaf Lettuce, Tomato and Red Onions
- Pesto Pasta Salad
- Potato Chips
- 2 Spunkmeyer Chocolate Chip Cookies
- Fresh Fruit
- Dill Pickle Spear

**Cuban Pork Sandwich**

- 6 oz. tender Pork Loin, 2 oz. Pit Virginia Ham topped with Imported Swiss Cheese, Dill Pickles and Dijon Mustard, served on a Grilled 8" Cuban sub roll
- BBQ Chips
- 2 Spunkmeyer Chocolate Chip Cookies
- Fresh Fruit Cup

**French Style Club Wrap**

- 2 oz. Gourmet Ham with 4 oz. sliced Maryland Turkey, Sliced Bacon served with Leaf Lettuce, Sliced Tomato, Imported Brie Cheese served in a 12" wrap. Condiments include Mustard and Mayonnaise
- Potato Chips
- Apple wedges with 2 oz. Caramel Dipping sauce
- Fudge Brownie

**Greek Pita**

- 5 oz. Flank Steak seasoned and thinly sliced with Greek Dressing, Romaine Lettuce, Feta Cheese, Greek Olives, Red and Green Roasted Peppers served in a Pita Bread with Tzatziki sauce
- Sun Chips
- Baklava
- Fresh Fruit Cup

# BOX LUNCHES



## ~ TIER III – Gourmet Selection ~

### Jumbo Lump Crab Salad Pita

- 4 oz. of seasoned Maryland Jumbo Lump Crab meat served in a Pita Bread Pocket with Crisp Iceberg Lettuce, Ripe Tomatoes and Diced Cucumbers with Smoked Gouda Cheese
- Crab Chips - Fruit Cup - Granola Bar

### Grilled Tenderloin of Beef

- 5 oz. Tenderloin of Beef served with Pepper Jack Cheese on a Sourdough Sub Roll, bed of Leaf Lettuce with Diced Tomatoes and Tiger Sauce
- Sun Chips - Fresh Fruit Cup - Granola Bar

### Grilled Trio Salad

- 3 oz. of Grilled Tenderloin of Beef, 3 oz. Grilled Salmon and 3 oz. Grilled Shrimp. Served over a bed of Romaine Lettuce with Sautéed Red Onions, Diced Tomatoes, Asiago Cheese and Kalamata Olives with a side of Balsamic Vinaigrette
- Potato Chips - Granola Bar - Fresh Fruit Cup

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## ~ Individual Salads ~

Served in a 8 oz. bowl

### ◆ **Traditional Caesar Salad**

Crisp Romaine Lettuce served with homemade Caesar Dressing and topped with Seasoned Croutons and Shredded Parmesan Cheese

### ◆ **Greek Salad**

Tossed fresh Greens with Greek Olives, Peppers, Feta Cheese and our homemade Greek Dressing

### ◆ **Sunshine Salad**

Fresh Greens & Berries topped with toasted Pine Nuts & Blue Cheese Crumbles, served with Raspberry Vinaigrette

### ◆ **Tossed Garden Salad**

Selection of fresh Vegetables, Lettuce, Carrots, Cucumbers & Tomatoes with your choice of dressing

### ◆ **Mediterranean Apple Salad**

Tossed fresh Greens, Blue Cheese, Pecans and Dried Apples served with a Raspberry Dressing

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## ~ Side Dishes ~

4 oz. each

Pasta Salad - Maryland Style Potato Salad - German Style Potato Salad  
Cucumber Dill Salad - Marinated Tomato and Mozzarella Cheese Salad  
Homemade Chesapeake Slaw - Black Bean & Corn Salad

### Dessert Substitutions

Cinnamon Crisps – Sun Chips  
Granola Bar – Cracker Jacks  
Assorted flavored chips  
Brownies or Blondie

### Bread Substitutions

Rye – White Pullman  
Pumpnickel – Focaccia  
Pita – Sourdough sub roll  
White Kaiser roll

### Beverages

12 oz. can soda (Pepsi products)  
12 oz. flavored ice tea  
12 oz. bottle water  
~ Add \$.75 each ~

**All Box Lunches include:** Plastic ware and paper napkins